



Traveling program promotes healthy habits

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CHAMPAIGN -- Grade school students got to burn off some energy in class. Carrie Busey Elementary got a visit from a rock star nutritionist.

It's part of a healthy living program sponsored by the American Cancer Society. Students learned about eating healthy, exercising and saying "no" to tobacco. Organizers say singing and dancing help get that message across.

"We want to make sure kids are learning about nutrition, anti-tobacco at an early age," said Jennifer Large with the American Cancer Society, "so they can live a long and healthy life."

The group is called "Jump with Jill," and it makes its way around Central Illinois.