

# THE INDIANAPOLIS STAR

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CARMEL

Kindergarten Elizabeth Hildebrand (center, left) and Emma Olszen do-side along with others. Students get moving during a program called "Jump with Jill" at Forest Dale Elementary.



## Healthy food rocks

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• ROCK IT! More photos from Forest Dale Elementary are online at [CarmelStar.com](http://CarmelStar.com)



GARY MOORE / The Star

Jill Jones holds up a jug of milk during her show for students at Forest Dale Elementary School. The self-described "rock star nutritionist" visited Tuesday with students in Grades K-2 at the Carmel school for an up-tempo presentation about nutrition, fitness and health.

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"Rock star nutritionist" Jill Jones formed a cheese hat to talk with "rock stars" from the audience (from left) Jacob Mueller, Corey Varano, Thomas Driwlik, and Taylor Gallagher) during a show about fitness, nutrition and healthy food. "Jump with Jill" was Tuesday at Forest Dale Elementary School in Carmel.